

Health and Wellbeing Event

Wednesday 16th December, 10:00am - 12:30pm (via Zoom)

Guest speakers will be delivering sessions on:

-  Wake and Shake (PA)
-  Healthy eating
-  Late Effects of Radiotherapy
-  Finance and Benefits
-  Active Recovery
-  After the treatment finishes then what?

Sign up on derbycountycommunitytrust.com/active-recovery